

- FUN
- ACTIVE
- SAFE
- INCLUSIVE
- SOCIAL

# CHANGE

FOR YOUNG PEOPLE TO GAIN PERSONAL POWER

**IMPACT PROGRAMME**  
 voice  
 ENGAGEMENT

**ISA** EMPOWERING YOUNG PEOPLE

youth

COACHES

ORGANISATIONS

COMMUNITY

RESULTS

I REFLECT ON MY ACTIONS

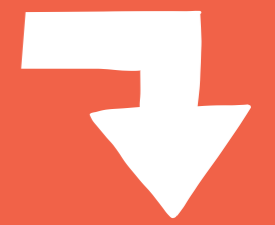
I COACH YOUTH IN LIFE SKILLS AND SPORT.

WE PROMOTE YOUTH PARTICIPATION IN OUR ORGANISATIONS

WE HAVE YOUTH-FRIENDLY SPACES

I INFLUENCE MY OWN LIFE

I FACILITATE DIALOGUE ON SOCIAL TOPICS



CONTRIBUTING TO SDGs:

5 GENDER EQUALITY

11 SUSTAINABLE CITIES & COMMUNITIES

TEAM-UP

**personal power**

**YOUTH**

**PERSONAL POWER**

**MAKING MY OWN CHOICES**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

ACTIVITIES

**WHAT DO YOU WANT?**

- \* YOUTH CONSULTATION
- \* LIFE SKILLS & SPORT ACTIVITIES
- \* SPORTS EVENTS

- \* TRAIN LIFE SKILLS COACHES
- \* TRAINING IN GENDER EQUALITY THROUGH SPORTS
- \* LEAD SPORTS ACTIVITIES THAT ADDRESS LIFE SKILLS
- \* COACHING-ON-THE-JOB
- \* TRAINING YOUTH COACHES

- \* WE CO-CREATE OUR PROGRAMMES WITH YOUTH
- \* WE TRAIN AND SUPPORT YOUTH AS SPORT COACHES
- \* SHARED-LEARNING WITH OTHER COMMUNITY-BASED ORGANISATIONS

- \* AVAILABILITY OF SPORTS OPPORTUNITIES ADDRESSING LIFE SKILLS
- \* PARTICIPATE IN SPORTS EVENTS ADDRESSING LIFE SKILLS

BUILDING LIFE SKILLS AT THE PLAYGROUND, CHALLENGING SOCIAL PROBLEMS